

# Holocene aeolian activities linked to Indian summer monsoon in the middle reaches of the Yarlung Zangbo River

LI Tuoyu<sup>1</sup>, \*ZHANG Jifeng<sup>2</sup>, WU Yongqiu<sup>3</sup>, DU Shisong<sup>3</sup>, MO Duowen<sup>4</sup>,  
LIAO Yinan<sup>4</sup>, CHEN Zhitong<sup>2</sup>, LIU Jianbao<sup>2</sup>, LI Qing<sup>5</sup>

1. Capital Normal University, Beijing 100048, China;

2. Key Laboratory of Alpine Ecology (LAE), Institute of Tibetan Plateau Research, CAS, Beijing 100101, China;

3. MOE Engineering Center of Desertification and Blown-sand Control, Beijing Normal University, Beijing 100875, China;

4. Laboratory for Earth Surface Processes, Ministry of Education, College of Urban and Environmental Sciences, Peking University, Beijing 100871, China;

5. Institute of Geographical Sciences, Hebei Engineering Research Center of Geographic Information Application, Hebei Academy of Sciences, Shijiazhuang 050011, China

**Abstract:** Widespread aeolian deposits on the Tibetan Plateau (TP) have provided valuable palaeoclimatic information. However, the primary factors (e.g., climate factors, human activity, and vegetation cover) controlling aeolian deposition remain elusive. In this paper, we use a dataset that comprises new and published ages of Holocene aeolian sand and loess in the middle reaches of the Yarlung Zangbo River to identify the primary controlling factors and palaeoclimatic implications of aeolian deposition. Several intervals of enhanced aeolian accumulation centered at 8.5–7.8, 6.4–5.8, 4.5–4.0, 3.1–1.8, and 0.9 ka are identified, generally consistent with regional low rainfall events and weak Indian summer monsoon (ISM). This suggests that regional wetness, dominated by the ISM, may play a key role in modulating dust emissions and aeolian deposition on centennial timescales. Our results show that on centennial- to millennial-scales, ISM activity can be reconstructed by non-continuous aeolian deposits in the monsoon dominated TP.

**Keywords:** Holocene; aeolian activity; dust; Indian summer monsoon; Tibetan Plateau

## 1 Introduction

The Tibetan Plateau (TP), with a mean elevation greater than 4000 m above sea level, plays a key role in modulating Asian and global climate systems (e.g., An *et al.*, 2001; Molnar *et*

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**Author:** Li Tuoyu (1985–), Associate Professor, specialized in environmental archaeology and aeolian research.

E-mail: [lituoyu@cnu.edu.cn](mailto:lituoyu@cnu.edu.cn)

\***Corresponding author:** Zhang Jifeng (1986–), Assistant Professor, specialized in paleoclimatology and paleolimnology.

E-mail: [zhangjifeng@itpcas.ac.cn](mailto:zhangjifeng@itpcas.ac.cn)

*al.*, 2010). Aeolian sediments are very widespread on the TP and have been used to reconstruct local and regional climatic and environmental changes (Lehmkuhl, 2000, 2014; Sun *et al.*, 2007; Kaiser *et al.*, 2009; Lai *et al.*, 2009; Stauch *et al.*, 2012, 2018; Stauch, 2015, 2016; Zhang *et al.*, 2015; Feng *et al.*, 2016; Dong *et al.*, 2017). The TP contains aeolian sediments, which are mainly distributed on dry basins, wide river valleys, lakeshores, and other sites (Dong *et al.*, 2017). These sediments always originate from local materials, including glacial outwash material (Sun *et al.*, 2007; Zhang *et al.*, 2015), fluvial/alluvial deposits, and exposed lake sediments from shrinking lakes (Lehmkuhl *et al.*, 2000).

Although aeolian sand and loess deposits serve as an important archive for observing topographic and climatic events on the TP, the specific palaeoclimatic interpretations they reflect remain elusive. Generally, the formation of aeolian sediments requires three prerequisites: (1) availability of sediments for dust formation, (2) suitable wind for dust transportation, and (3) a suitable site for dust accumulation (Pye, 1995). Usually, the accumulation of aeolian sediments on the TP is interpreted as reflecting dry environments, while the formation of palaeosols is used as an indicator of wet climatic conditions (e.g., Lu *et al.*, 2011; Chen *et al.*, 2016). However, a number of recent studies have shown that the strongest aeolian accumulations occur during the relatively wet late Glacial and early Holocene, suggesting that suitable trapping conditions with sufficient vegetation cover may play a key role in the formation of aeolian sediments (Sun *et al.*, 2007; Stauch, 2015; Qiang *et al.*, 2016).

Local dust storms, sand dunes, and well-preserved aeolian sand and loess deposits are widespread in the southern TP (Li *et al.*, 1999; Sun *et al.*, 2007; Lai *et al.*, 2009; Shen *et al.*, 2012; Pan *et al.*, 2014; Zhang *et al.*, 2015; Li *et al.*, 2016; Dong *et al.*, 2017; Ling *et al.*, 2019, 2020). Sun *et al.*, (2007) dated loess deposits from several sites in the Yarlung Zangbo River (YZR) valley, southern TP, and found that aeolian deposits accumulated only after the last deglaciation and not during glacial periods. The authors suggested that the lack of glacial loess deposits was due to the minimal vegetation cover or the erosion of loess during deglaciation.

On the other hand, Lai *et al.* (2009) reported several ages of aeolian deposits from the Kyichu River valley, southern TP, throughout most of the last 100 ka, which is much older than what was previously thought. The authors worked with a dataset that comprises 24 ages of aeolian deposits and found episodic aeolian deposition at approximately 3, 8, 16–21, 33, and 79–83 ka, most of which can be explained through synchronous global arid events. Overall, a number of studies have reported late Quaternary aeolian deposits in the southern TP; however, only sporadic Holocene aeolian sediments have been reported, and their possible linkages to large-scale atmospheric circulations, such as the Indian summer monsoon (ISM) and the westerlies, remain unknown.

Previous studies have shown that the TP is predominantly controlled by the interplay between the ISM and the westerlies (Bohner, 2006; An *et al.*, 2012; Zhu *et al.*, 2015). Modern precipitation  $\delta^{18}\text{O}$  observations have shown that the ISM moisture can reach 34°–35°N in the southern part of TP (e.g., Yao *et al.*, 2013), while the northern part of the TP is primarily dominated by westerlies. In the middle reaches of the YZR, annual precipitation mainly occurs in summer under the influence of the ISM, while the effects of mid-latitude westerlies on regional precipitation are limited. Several palaeo-moisture records based on lake sediments in the region showed several regional wet and dry intervals associated with ISM va-

variability during the Holocene (Zhu *et al.*, 2002; Bird *et al.*, 2014; Conroy *et al.*, 2017). In this paper, we use a dataset that comprises six new and 46 prior published ages of Holocene aeolian sand and loess in the middle reaches of the YZR to identify aeolian dynamics on centennial to millennial timescales, and their association with large-scale atmospheric circulation (e.g., the ISM).

## 2 Material and methods

The YZR, with a length of 2,057 km, is the longest river in the southern TP; it lies between the Gangdise and Nyainqentanglha mountains and the Himalayas orogeny (Figure 1). In summer, the ISM intrudes through the YZR valley, delivering most of this region's annual precipitation, while in winter, the climate is cold and dry under the impact of mid-latitude westerlies (Zhang *et al.*, 2017). Some reaches of the YZR are characterized by broad valleys that provided suitable sites for the formation of aeolian deposits, which were as large as 2736 km<sup>2</sup> in 2008 (Shen *et al.*, 2012). Optically stimulated luminescence (OSL), thermoluminescence (TL), and radiocarbon (<sup>14</sup>C) methods have been used to date aeolian sand and loess in the YZR basin and its surrounding areas (Sun *et al.*, 2007; Li *et al.*, 2010; Zhang *et al.*, 2015; Li *et al.*, 2016). Due to rapid bleaching by sunlight, luminescence methods are the most appropriate technique to date aeolian sediments (Singhvi *et al.*, 2001; Wintle and Murray, 2006). Occasionally, the radiocarbon ages of plant residues, charcoal, and total organic matter in aeolian deposits are also used to measure the ages of dust depositions.

In this study, we sampled five aeolian profiles, named DRX, RM, WL, SK, and DPZ (Figures 1 and 2), in the YZR valley and obtained four OSL ages (Table 1) and two radiocarbon ages (Table 2). These aeolian profiles are located on the fluvial terraces or the foothills of mountains along the middle reaches of the YZR. Massive suspended sediments deposited in the braided river channels or alluvial fans are reworked by local near-surface winds in dry seasons, and they accumulate on the foothills of mountains along the river to form dunes and loess (Sun *et al.*, 2007; Zhang *et al.*, 2015). The DRX profile (29°21'59.2"N, 91°08'58.0"E) is located on a fluvial terrace and can be divided into four sedimentary units: 0–50 cm, fluvial sand; 50–60 cm, gravel unit; 60–90 cm, aeolian sand unit (an OSL age sample collected at 68–72 cm); 90–120 cm, gravel unit. The RM profile (29°21'10.0"N, 88°27'41.5"E) is located on a foothill and can be divided into three sedimentary units: 0–65 cm, aeolian loess unit with plant roots (an OSL age sample collected at 28–32 cm); 65–130 cm, palaeosol unit; 130–290 cm, aeolian loess unit (an OSL age sample collected at 208–212 cm). The WL (29°8'40.3"N, 93°40'35.9"), SK (29°17'58.1"N, 91°24'41.3"), and DPZ (29°17'0.4"N, 91°38'54.7"E) profiles are also located on foothills and consist mainly of aeolian sand with a thickness of approximately 440 cm. A charcoal sample from the aeolian sand of SK and an organic matter sample from the aeolian sand of WL were used for <sup>14</sup>C dating of SK and WL, respectively (Table 2). An OSL sample was also collected from the aeolian sand of DPZ (Table 1).

Pure quartz was extracted in a dark room with a dimmed red light for OSL dating. Optically stimulated luminescence measurements were carried out on an automated Risø TL/OSL-DA-20-C/D reader, and D<sub>e</sub> values were calculated with the single aliquot regenerative-dose (SAR) protocol (Murray and Wintle 2000). Uranium (<sup>238</sup>U), thorium (<sup>232</sup>Th), and

potassium ( $^{40}\text{K}$ ) concentrations were measured using inductively coupled plasma mass spectrometry (ICP-MS). The resulting dose rate for each sample was estimated based on depth, altitude, and geomagnetic latitude. Cosmic ray contributions were calculated based on Prescott and Hutton (1994). The water content of each sample was set to  $15\% \pm 7\%$ . The measurement accuracy of the equivalent dose using the SAR protocol was approximately 2%. The OSL samples were measured at the Nanjing Normal University and the Qinghai Normal University. The materials used for the two radiocarbon dating samples were charcoal and total organic matter, and the radiocarbon dating was processed at Peking University. IntCal13 was used to calibrate all radiocarbon data were calibrated for the calendar year (Reimer *et al.*, 2013).

**Table 1** OSL dating results of aeolian sediments in the YZR basin

Sample	Depth (cm)	U (ppm)	Th (ppm)	K (%)	Dose rate (Gy·ka <sup>-1</sup> )	De/Gy	OSL age (ka)
DRX-OSL	68–72	1.56±0.3	13.95±0.7	2.41±0.04	3.73±0.27	2.93±0.30	0.79±0.10
RM-OSL-1	28–32	2.64±0.039	17.8±0.025	2.46±0.026	4.36±0.32	7.99±0.40	1.83±0.29
RM-OSL-3	208–212	3.09±0.038	19.2±0.024	2.06±0.030	4.17±0.31	19.35±0.98	4.64±0.36
DPZ-OSL-3	436–440	4.16±0.034	18.2±0.025	2.36±0.028	4.76±0.35	8.37±0.42	1.76±0.18

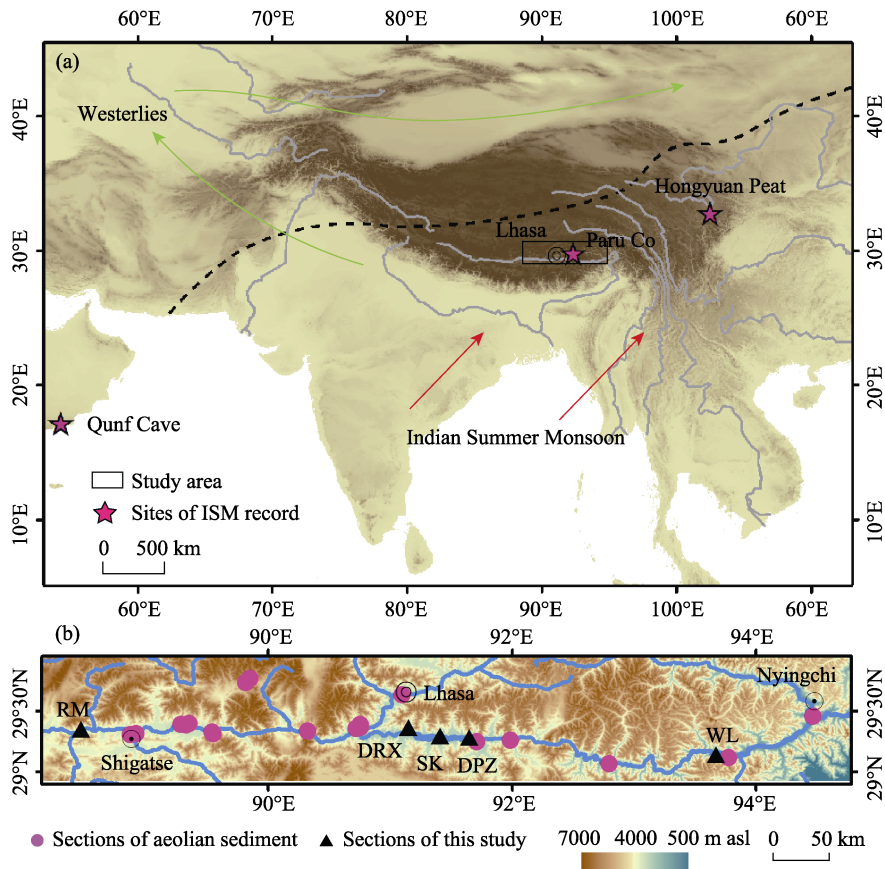
**Table 2** Radiocarbon dating results of aeolian sediments in the YZR basin

Sample	Depth/cm	Dating material	Conventional <sup>14</sup> C age (BP, 2σ)	Calibrated <sup>14</sup> C age (BP, 2σ)
SK- <sup>14</sup> C-1	435–439	Charcoal	2880±25	3005±37
WL- <sup>14</sup> C-1	50–55	Total organic matter	710±20	670±6

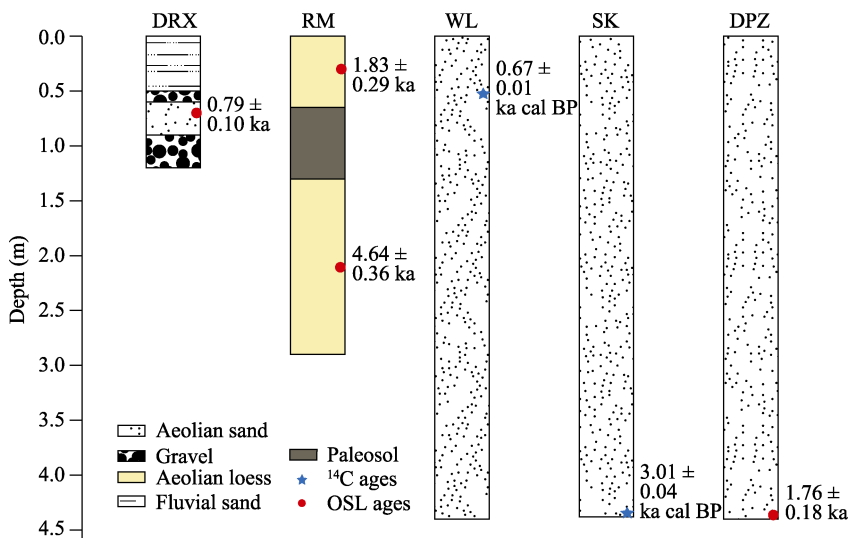
To show the regional patterns of aeolian activity, we also considered prior published ages of aeolian profiles in the middle reaches of the YZR. Ultimately, we obtained a dataset that comprises ages of aeolian sand and loess in the middle reaches of the YZR, including 52 ages from 28 profiles (Table 3). These profiles are mainly distributed in the broad valley of the YZR, with a small amount distributed in the YZR tributary valley (Figure 1). Cumulative probability density functions have been widely used for OSL age (e.g., Singhvi *et al.*, 2001; Lai *et al.*, 2009; Stauch, 2015) and radiocarbon age (e.g., Hoffmann *et al.*, 2008) distribution analysis. Each OSL and radiocarbon age was assumed to be a dust deposition event, and respective probability density functions were calculated using the mean value and standard deviation of each age. Cumulative probability density functions were calculated at 50-year intervals: for each time point, with an interval of 50 years, we summed up the probability values of all the ages to obtain a cumulative probability distribution record. Peaks of the summed probability density distributions were thought to represent intervals of heavy dust deposition.

### 3 Results and discussion

The cumulative probability density curve of the ages of Holocene aeolian sediments in the middle reaches of the YZR, as shown in Figure 3a, shows the strongest deposition during the late Holocene and weak aeolian activity during the early Holocene. This contrasts with aeolian activity reports on the northeastern TP, in which several recent studies have



**Figure 1** Location of the study area (a) and distribution of aeolian sediment profiles in the middle reaches of the YZR (b). The boundary of westerlies and the ISM (dashed line; Chen *et al.*, 2010) are also shown.



**Figure 2** Sediment logs and ages of aeolian sand and loess in the middle reaches of the YZR

**Table 3** A dataset of synthesized ages of Holocene aeolian sediments in the middle reaches of the YZR

Section	Depth (cm)	Dating method	Dating material	Age (ka/cal ka BP)	Latitude (°N)	Longitude (°E)	Altitude (m asl)	Source
TB1	350	OSL	Aeolian loess	2.70±0.20	29.3167	89.5500	3800	Sun <i>et al.</i> , 2007
TB7	380	OSL	Aeolian loess	11.00±1.20	29.3167	88.9167	3920	Sun <i>et al.</i> , 2007
DAR1	300–325	<sup>14</sup> C	Charcoal	3.15±0.08	—	—	—	Kaiser <i>et al.</i> , 2009
STA1	50	OSL	Aeolian sand	2.90±0.20	29.6331	91.0978	3660	Kaiser <i>et al.</i> , 2009
STA1	180	OSL	Aeolian sand	4.10±0.40	29.6331	91.0978	3667	Kaiser <i>et al.</i> , 2009
STA1	280	OSL	Aeolian sand	6.70±0.50	29.6331	91.0978	3667	Kaiser <i>et al.</i> , 2009
QUX 1	280	OSL	Aeolian sand	8.50±0.70	29.3553	90.7234	3603	Kaiser <i>et al.</i> , 2009
QUX 2	325–330	<sup>14</sup> C	Charcoal	7.78±0.07	29.3659	90.7556	3536	Kaiser <i>et al.</i> , 2009
Section 48	67–73	OSL	Aeolian loess	8.80±3.90	29.7333	89.8167	4571	Lehmkuhl <i>et al.</i> , 2000
Section 49	47–53	OSL	Aeolian loess	7.80±1.20	29.7667	89.8500	4835	Lehmkuhl <i>et al.</i> , 2000
LXD	170	OSL	Aeolian loess	7.90±0.90	29.3275	89.5386	3797	Hu <i>et al.</i> , 2018
LXD	98	OSL	Aeolian loess	3.20±0.30	29.3275	89.5386	3797	Hu <i>et al.</i> , 2018
Xigaze	—	<sup>14</sup> C	Organic matter	0.92±0.02	29.3057	88.8688	3811	Hu <i>et al.</i> , 2018
TDD	87	OSL	Aeolian loess	2.60±0.30	29.3372	90.3236	3687	Hu <i>et al.</i> , 2018
TDD	195	OSL	Aeolian loess	2.90±0.30	29.3372	90.3236	3687	Hu <i>et al.</i> , 2018
TDD	285	OSL	Aeolian loess	5.00±0.50	29.3372	90.3236	3687	Hu <i>et al.</i> , 2018
JB	260	TL	Aeolian sand	8.56±0.65	29.3969	89.3500	3890	Li <i>et al.</i> , 2010
QS	430	TL	Aeolian loess	8.85±0.53	29.3900	90.7578	4000	Li <i>et al.</i> , 2010
GM	340	<sup>14</sup> C	Organic matter	6.20±0.31	—	—	—	Li <i>et al.</i> , 2010
GM	531	TL	Aeolian sand	8.30±0.30	—	—	—	Li <i>et al.</i> , 2010
Cha'er	65	<sup>14</sup> C	Organic matter <sup>a</sup>	2.23±0.10	29.3895	89.2823	3856	Zheng <i>et al.</i> , 2009
Cha'er	235	TL	Aeolian sand	8.56±0.65	29.3895	89.2823	3856	Zheng <i>et al.</i> , 2009
ZD	158	OSL	Aeolian loess	5.90±0.20	29.2466	91.7120	3561	Zheng, 2009
ZD	628	OSL	Aeolian sand	8.50±0.60	29.2466	91.7120	3561	Zheng, 2009
CGG	168	OSL	Aeolian sand	1.82±0.16	29.3653	91.1491	3652	Li <i>et al.</i> , 2020
CGG	287	OSL	Aeolian sand	8.43±0.66	29.3653	91.1491	3652	Li <i>et al.</i> , 2020
YJP1	0.4	OSL	Sandy loess	1.90±0.10	29.4556	94.4693	2943	Ling <i>et al.</i> , 2020
YJP1	0.9	OSL	Sandy loess	3.90±0.30	29.4556	94.4693	2943	Ling <i>et al.</i> , 2020
YJP1	1.4	OSL	Sandy loess	4.40±0.30	29.4556	94.4693	2943	Ling <i>et al.</i> , 2020
YJP1	1.9	OSL	Sandy loess	4.30±0.30	29.4556	94.4693	2943	Ling <i>et al.</i> , 2020
YJP1	2.5	OSL	Sandy loess	5.10±0.40	29.4556	94.4693	2943	Ling <i>et al.</i> , 2020
YJP1	3	OSL	Sandy loess	3.20±0.20	29.4556	94.4693	2943	Ling <i>et al.</i> , 2020
YJP1	3.6	OSL	Sandy loess	8.30±0.60	29.4556	94.4693	2943	Ling <i>et al.</i> , 2020
YJP2	1.7	OSL	Sandy loess	110±0.90	29.4556	94.4693	2943	Ling <i>et al.</i> , 2020
MLP	6.5	OSL	Aeolian sand	4.50±0.30	29.1189	93.7781	3004	Ling <i>et al.</i> , 2020
MLP	10	OSL	Aeolian sand	6.20±0.50	29.1189	93.7781	3004	Ling <i>et al.</i> , 2020
LXP	1.3	OSL	Sandy loess	4.90±0.40	29.0668	92.7993	3172	Ling <i>et al.</i> , 2020
LXP	2	OSL	Sandy loess	6.50±0.50	29.0668	92.7993	3172	Ling <i>et al.</i> , 2020
SRP	0.7	OSL	Aeolian sand	0.40±0.10	29.2617	91.9873	3553	Ling <i>et al.</i> , 2020

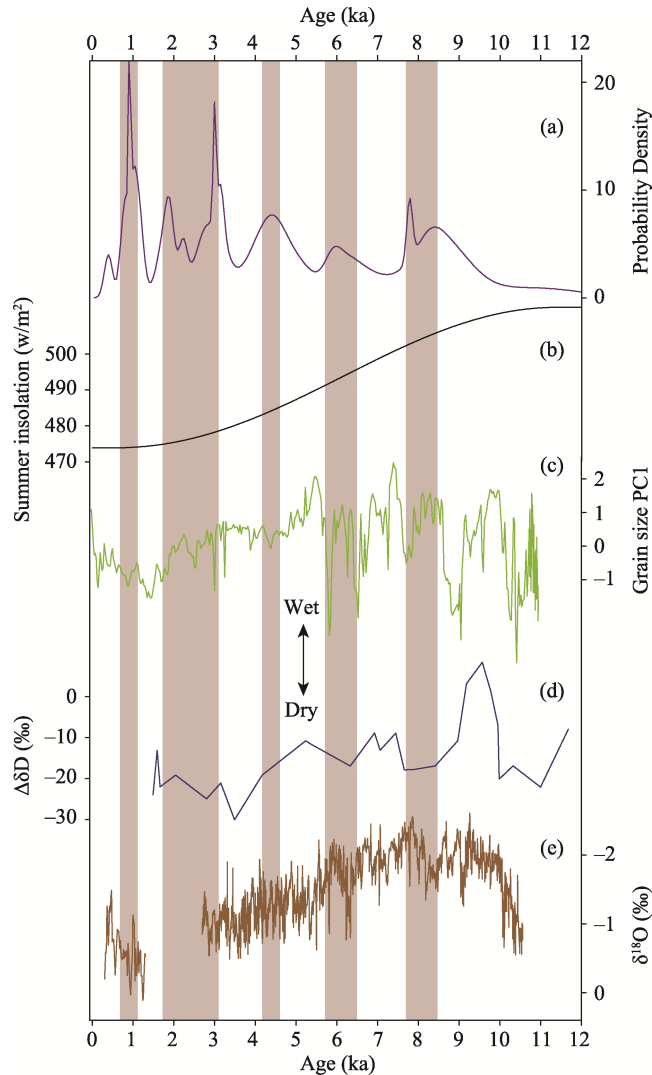
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Section	Depth (cm)	Dating method	Dating material	Age (ka/cal ka BP)	Latitude (°N)	Longitude (°E)	Altitude (m asl)	Source
SRP	1.4	OSL	Aeolian sand	0.80±0.10	29.2617	91.9873	3553	Ling <i>et al.</i> , 2020
SRP	2.1	OSL	Aeolian sand	1.00±0.10	29.2617	91.9873	3553	Ling <i>et al.</i> , 2020
SRP	2.8	OSL	Aeolian sand	1.10±0.10	29.2617	91.9873	3553	Ling <i>et al.</i> , 2020
SRP	3.5	OSL	Aeolian sand	1.00±0.10	29.2617	91.9873	3553	Ling <i>et al.</i> , 2020
SRP	4.2	OSL	Aeolian sand	1.20±0.10	29.2617	91.9873	3553	Ling <i>et al.</i> , 2020
SRP	4.9	OSL	Aeolian sand	4.10±0.40	29.2617	91.9873	3553	Ling <i>et al.</i> , 2020
LCP	2.9	OSL	Sandy loess	9.20±0.80	29.3872	89.3254	3815	Ling <i>et al.</i> , 2020
DRX	70	OSL	Aeolian sand	0.79±0.10	29.3664	91.1494	3656	This study
RM	30	OSL	Aeolian loess	1.83±0.29	29.3528	88.4615	3876	This study
RM	210	OSL	Aeolian loess	4.64±0.36	29.3528	88.4615	3876	This study
WL	52	<sup>14</sup> C	Organic matter	0.67±0.01	29.1445	93.6766	3092	This study
SK	437	<sup>14</sup> C	Charcoal	3.01±0.04	29.2995	91.4115	3557	This study
DPZ	438	OSL	Aeolian sand	1.76±0.18	29.2835	91.6485	3584	This study

reported increased dust accumulation during relatively wet late Glacial and early Holocene periods, highlighting the key role of vegetation cover as a dust trap in aeolian sediment accumulation (Stauch, 2015). Our synthesized curve is also punctuated by several strong dust deposition events (Figure 3a) centered at 8.5–7.8, 6.4–5.8, 4.5–4.0, 3.1–1.8, and 0.9 ka. Two of these events are similar to those reported in Lai *et al.* (2009) that analyzed a YZR tributary.

Several events of increased dust deposition in the middle reaches of the YZR, such as the event around 8 ka, have not been reported on the northeastern TP (e.g., Stauch, 2015), suggesting different mechanisms for aeolian sedimentation in the southern and northeastern TP. First, this difference can be related to the different atmospheric circulation backgrounds of the two regions. The northeastern TP is mainly influenced by the East Asian summer monsoon, while the southern TP is mainly impacted by the ISM. Second, this difference can be explained by the different mechanisms for the supply of dust to the two regions. The much larger area of desertic land on the northeastern TP may provide sufficient supplies of dust during the early Holocene. Thus, improved vegetation cover, as a sediment trap, may contribute to an enhanced aeolian deposition during the early Holocene. In contrast, aeolian sediments in the YZR valley are supplied by local dust, which is mainly generated from small areas of outwash sediment and desertic land in the low-level floodplains (Sun *et al.*, 2007; Zhang *et al.*, 2015). Strong ISM activity in response to high summer insolation (Figure 3b) and increased regional monsoon rainfall during the early Holocene (Fleitmann *et al.*, 2003; Gupta *et al.*, 2003) may improve vegetation cover in the source area and significantly inhibit dust supply and aeolian activity in the middle reaches of the YZR. Finally, the confined valley landscape of the YZR, which differs significantly from the open terrain in northern TP, may partly explain the differences in aeolian activity between the two regions.



**Figure 3** Comparison of the probability density curve for Holocene aeolian sediment ages in the middle reaches of the YZR (a) with other palaeoclimatic records: (b) summer insolation at 30°N (Berger and Loutre, 1991); (c) a lake-level record reconstructed by the PC1 grain size of the Lake Paru Co (Bird *et al.*, 2014); (d) isotopic divergence between C<sub>23</sub> and C<sub>31</sub> n-alkanes ( $\Delta\delta D$ ) in Hongyuan peat (Seki *et al.*, 2011); (e) a stalagmite  $\delta^{18}O$  record from southern Oman (Fleitmann *et al.*, 2003).

To gain a better understanding of the controlling factors of aeolian sedimentation in the middle reaches of the YZR, we compared our records with regional palaeoclimatic records. Reconstructed aeolian activities identified in this study are generally consistent with regional palaeohydrological records on the TP. Monsoon rainfall record collected from Paru Co, which is located in the southern TP, shows that several intervals of increased dust deposition mostly happen in the dry seasons (Bird *et al.*, 2014) (Figure 3c). In this study, the strong aeolian sediment accumulation events approximately 8.5–7.8, 6.4–5.8, and 3.1–1.8 ka are consistent with several dry season intervals identified by a rainfall record based on leaf wax hydrogen isotopic evidence from Hongyuan peat (Seki *et al.*, 2011) (Figure 3d). A pollen record from Lake Tangra Yumco, in central TP, has identified several weak ISM events at



8.2–7.4, 5.5, 4.7–3.7, and 3.2 ka (Ma *et al.*, 2019), which are largely consistent with several dust deposition events identified in this study, given the dating uncertainty of the different archives. Moreover, the drought event around 8.5–7.8 ka is also found in other lacustrine records in the western (Gasse *et al.*, 1996; Hou *et al.*, 2017), central (Zhu *et al.*, 2008; Doberschütz *et al.*, 2014; Ma *et al.*, 2014), and eastern (Hong *et al.*, 2003; Kramer *et al.*, 2010) TP. Our research has made it possible to record a long duration of increased dust deposition at 3.1–1.8 ka, which is consistent with the expected significantly reduced monsoon rainfall events across the TP (Zhu *et al.*, 2008; Liu *et al.*, 2009; Xie *et al.*, 2009; Kramer *et al.*, 2010; Zhao *et al.*, 2011; Hou *et al.*, 2017; Shi *et al.*, 2017).

Modern precipitation isotope observations have shown that moistures transported by the ISM can invade the TP through the Brahmaputra/YZR valley and reach as far as the Tanggula Mountains (Tian *et al.*, 2001, 2007). To identify the main climatic controlling factors for dust deposition in the southern TP, we compared our results with several records of ISM activity in Asia that have been reconstructed by marine sediment and stalagmite. Our reconstructed aeolian activity intensity in the YZR basin is perfectly consistent with the ISM variability reconstructed by a stalagmite  $\delta^{18}\text{O}$  record from the Qunf Cave in southern Oman (Fleitmann *et al.*, 2003) (Figure 3e) and a *G. bulloides* percentage record from the Arabian Sea (Gupta *et al.*, 2003). Several intervals of strong aeolian accumulation found in this study, subject to dating error, coincide with pauses of weak summer monsoons despite the two weak monsoon events during the early Holocene. The strongest dust sedimentation at 3.1–1.8 ka is associated with a period of hiatus of stalagmite growth in the Qunf Cave (Fleitmann *et al.*, 2003) and a period with the most positive  $\delta^{18}\text{O}$  values in the Dongge Cave (Wang *et al.*, 2005), suggesting that severe drought may have caused this long-lasting increased dust deposition. Generally, the similarity of our results with above ISM records suggests that the regional rainfall in the southern TP, controlled by ISM circulations, may play a key role in regulating regional aeolian activity during the Holocene. Several previous studies have also found a strong correlation between aeolian activity on the TP and summer monsoon intensity (Thompson *et al.*, 2000, Qiang *et al.*, 2014). An ice core record from Dasuopu, in the Himalayas (Thompson *et al.*, 2000), showed that dust storm frequency has increased over the last 200 years, consistent with reduced ISM rainfall (Chu *et al.*, 2011). In general, weaker summer monsoon winds and reduced summer rainfall can prolong wind erosion periods and also lead to degraded vegetation cover, which can facilitate aeolian erosion and dust accumulation.

Different views exist on the main factors that control aeolian deposition on the TP. The formation of aeolian sediments requires/depends on the availability of dust sources, wind transportation, and suitable environment for dust deposition (Pye, 1995). Previous studies on the northeastern TP (Lu *et al.*, 2011; Chen *et al.*, 2016) have interpreted the accumulation of aeolian sand and loess as an indicator of a relatively dry environment that ensures an adequate dust supply. However, Stauch (2015) found that increased accumulation of dust occurred during the late Glacial and early Holocene across the TP, suggesting that vegetation cover, as a dust trap, may play a key role in the formation of these deposits. Sun *et al.* (2007), based on OSL ages of aeolian loess in the YZR valley, found that in the southern TP loess deposits had a basal age of 13–11 ka and concluded that the absence of full glacial loess is mainly due to minimal vegetation cover. In contrast, Lai *et al.* (2009) found older aeolian

deposits in a YZR tributary and defined several intervals of increased sediment accumulation at approximately 16–21, 33, and 79–83 ka. The two aeolian sediment accumulation events at approximately 3 and 8 ka, which are identified in this study, have been explained to be associated with two drought events in response to consistent global climate changes. Based on a relatively larger dataset, we find five intervals of increased aeolian sediment accumulation in the middle reaches of the YZR during the Holocene, which tend to be associated with weak ISM events. The coincidence of dust deposition events with dry periods suggests that the predominant driver of aeolian sedimentation may be the climatic controlled dust emission, rather than vegetation cover. Recently, several studies have found footprints of permanent human occupation in central (Meyer *et al.*, 2017; Zhang *et al.*, 2018) and the northeastern (Chen *et al.*, 2015, 2019) TP during the Holocene and earlier periods. As a result, the probable impact of human activity on aeolian activity during the Holocene cannot be ruled out. Due to a dearth of information on the extent of human activity in ancient southern TP, it is difficult to ascertain the extent to which human activity may have affected Holocene aeolian sand accumulations.

## 4 Conclusions

In this paper, we constructed a probability density curve of the ages of aeolian sand and loess in the middle reaches of the YZR, reflecting regional aeolian sediment accumulation intensity. We achieved this using a dataset that comprises new and prior published ages of Holocene aeolian sand and loess. In contrast to related studies on the northeastern TP, we found weak aeolian activities during the early Holocene in this region, and this may be associated with intensified ISM rainfall as a result of high summer insolation. Our results showed several intervals of increased dust accumulation centered at 8.5–7.8, 6.4–5.8, 4.5–4.0, 3.1–1.8, and 0.9 ka. These events are consistent with regional low rainfall events and weak ISM events. Regional monsoon rainfall/wetness, dominated by ISM activity, may play a key role in modulating dust emissions and aeolian deposition in the middle reaches of the YZR at centennial timescales. Overall, this study shows that aeolian deposits in the monsoon dominated TP can provide valuable information on past ISM activities. In the future, more effects of ISM activity would be identified with the availability of more data on the ages of aeolian sediments.

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