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# Fast infectious diseases diagnostics based on microfluidic biochip system

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Molecular diagnostics is one of the most important tools currently in use for clinical pathogen detection due to its high sensitivity, specificity, and low consume of sample and reagent is keyword to low cost molecular diagnostics. In this paper, a sensitive DNA isothermal amplification method for fast clinical infectious diseases diagnostics at aM concentrations of DNA was developed using a polycarbonate (PC) microfluidic chip. A portable confocal optical fluorescence detector was specifically developed for the microfluidic chip that was capable of highly sensitive real-time detection of amplified products for sequence-specific molecular identification near the optical diffraction limit with low background. The molecular diagnostics of Listeria monocytogenes with nucleic acid extracted from stool samples was performed at a minimum DNA template concentration of 3.65 aM, and a detection limit of less than five copies of genomic DNA. Contrast to the general polymerase chain reaction (PCR) at eppendorf (EP) tube, the detection time in our developed method was reduced from 1.5 h to 45 min for multi-target parallel detection, the consume of sample and reagent was dropped from  $25\,\mu\,\mathrm{L}$  to  $1.45\,\mu\,\mathrm{L}$ . This novel microfluidic chip system and method can be used to develop a micro total analysis system as a clinically relevant pathogen molecular diagnostics method via the amplification of targets, with potential applications in biotechnology, medicine, and clinical molecular diagnostics.

*Keywords*: Microfluidic chip; real-time fluorescent detector; clinical pathogen molecular diagnostics; sequence-specific molecular identification.

#### 1. Introduction

Infectious diseases account for more than half of child deaths worldwide, and one in nine child deaths are caused by diarrhea, making diarrhea the second leading cause of death among children under the age of five.<sup>1</sup> A fundamental requirement for successful disease control is to diagnose pathogens to guide the timely and appropriate treatment and development of effective interventions such as vaccines.<sup>2</sup> Clinically, point-of-care diagnostics for the identification of diarrhea pathogens is mainly based on bacterial culture, ELISAs, and molecular techniques.<sup>3</sup> The conventional bacterial culture method is still used as the gold standard for pathogen identification, but the process usually takes several days to complete.<sup>4</sup> ELISA is rapid and precise, but its application is limited by the availability of pure antigens and subsequent production of specific antibodies.<sup>5</sup> Nucleic acid amplification-based methods are preferred because they enable the accurate identification of target nucleic acid sequences with high sensitivity and specificity, and nucleic acid amplification methods are less time consuming and less vulnerable to cross-contamination. Among these methods, polymerase chain reaction (PCR) is most commonly used.<sup>6</sup> Nevertheless, the use of PCR is limited by thermal constraints, with precise threestage temperature control and a fast transition between stages required. There are isothermal amplification methods have been developed to overcome the drawbacks of PCR, which mainly consist of loop-mediated isothermal amplification (LAMP),<sup>7</sup> nucleic acid sequence-based amplification (NASBA),<sup>8</sup> strand displacement amplification (SDA),<sup>9</sup> and rolling circle amplification (RCA).<sup>10</sup> Among these, LAMP has attracted considerable interest because it can be implemented with a single enzyme (strand displacing polymerase) using simple electrodes or heating elements.<sup>11</sup>

Because there is no need for thermal cycling steps for LAMP, recent efforts have aimed to apply LAMP assays in resource-poor areas. Aside from conventional PCR tubes, attempts have been made to develop microfluidic chips integrated with LAMP for gene analysis<sup>12</sup>: Wang *et al.* present an automatic assay for targeted ribonucleic acid (RNA) extraction and a one-step reverse transcription LAMP (RT-LAMP) process for the detection of

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viruses from tissue samples by utilizing an integrated microfluidic system.<sup>13</sup> Ahmad *et al.* report a charge-coupled device (CCD)-based fluorescence imaging system for detection of waterborne pathogens by isothermal gene amplification in disposable microchips.<sup>14</sup> Myers *et al.* develop a device named the microfluidic biomolecular amplification reader (mBAR), which is capable of performing isothermal nucleic acid amplification assays with real-time fluorescence readout.<sup>15</sup> Luo *et al.* demonstrate a microfluidic multiplex electrochemical LAMP  $(\mu ME-LAMP)$  system for real-time quantitative differentiation of bacteria.<sup>16</sup> Sun *et al.* describe an eight-chamber lab-on-a-chip (LOC) system with integrated magnetic bead-based sample preparation and LAMP for detection of Salmonella spp. in food samples.<sup>17</sup> Borysiak *et al.* report the nucleic acid isotachophoresis LAMP (NAIL) diagnostic device, which uses isotachophoresis (ITP) and LAMP inside an integrated chip.<sup>18</sup> These microfluidic chips decrease the time necessary for DNA amplification. consume less sample and reagents, and increase portability, compactness, and the potential for automation of analyses.<sup>19–23</sup>

Despite the fact that various LAMP-based microfluidic chips have been developed for rapid detection and identification of bacteria and viruses, portable platforms for point-of-care testing are still in the initial stages of development. Indeed, microfluidic chips for real-time multiple samples and multiple index diagnosis in a single detection run have seldom been reported. The aim of this work was to describe a real-time LAMP-integrated microfluidic chip system for the identification of the diarrhea pathogenic bacteria *Listeria mono*cytogenes. In addition, the sensitivity, specificity, and reproducibility of the chips were evaluated. The performance of this method was compared with traditional microbiological methods and PCR assays.

#### 2. Materials and Methods

### 2.1. Samples and DNA extraction methods

Thirty clinical stool samples and the standard bacterial strain *Listeria monocytogenes* strain ATCC 19115 were obtained from the Navy General Hospital of Chinese PLA (Beijing, China). All samples and strain were identified using standard biochemical isolate tests. Bacterial DNA was extracted from all clinical samples using a QIAamp Fast DNA Stool Mini Kit (Qiagen Inc., CA, USA) according to the manufacturer's instructions. Genomic DNA from the standard strain was extracted and purified using a QIA amp DNA Mini Kit (Qiagen Inc., CA, USA). The concentration and quality of DNA were measured using an ND-1000 Spectrophotometer (NanoDrop Technologies, Inc., DE, USA) by spectrophotometric analysis at 260 nm and 280 nm. Then, PCR assays that targeted the 16 S rDNA for amplification were used for bacterial validation.

#### 2.2. Primer design

Oligonucleotide primers were designed for the isothermal amplification assay according to the sequences of the hlyA gene from *Listeria mono-cytogenes* (Gen-Bank accession no. HM589604) using Primer Explorer version 4 (https://primer-explorer.jp/elamp4.0.0/index.html). The directions and details of the primers are shown in Table 1. All of the oligonucleotide primers were synthesized by Invitrogen (Shanghai, China).

#### 2.3. Isothermal amplification assay

The  $10 \,\mu\,\text{L}$  isothermal nucleic acid amplification assays for pathogen molecular diagnostics consisted of  $0.2 \,\mu\,\text{M}$  each of primers F3 and B3,  $1.6 \,\mu\text{M}$  each

Table 1. Sequences of primer sets for Listeria monocytogenes identification.

Bacteria	Primers	Sequence $(5'-3')$
Listeria monocytogenes	Lmo-F3	ACTTCGGCGCAATCAGT
	Lmo-B3	GGCAGCATCAAAAGCAG
	Lmo-FIP	AAGGTCTTGTAGGTTCATTAACAGAAGGGAAAATGCAAGAAGAAGT
	Lmo-BIP	TCGGCAAAGCTGTTACTAAAGAGCCACACTTGAGATATATGCAGG
	Lmo-LF	TCACGTTATAGTAAATTTGTTTAAA
	Lmo-LB	TTGGAGTGAATGCAGAAAAT

of FIP and BIP,  $0.4 \,\mu\text{M}$  each of LF and LB, 8 U of Bst DNA Polymerase, Large Fragment, 0.1 mM dUTP, 0.4 mM dNTPs (New England Biolabs Ltd, Beverly, USA), 0.5 mg/mL BSA (Fluka Sigma-Aldrich Inc, Missouri, USA),  $0.6 \times$  EvaGreen (Biotium Inc, California, USA), 0.8 M betaine (Fluka Sigma-Aldrich Inc, Missouri, USA),  $6 \,\mathrm{mM\,MgSO_4}$  (Beijing Chemical Reagents Company, Beijing, China), 0.1 U/mL Uracil-DNA Glycosylase (Fermentas Inc, Burlington, Canada), 10 mM  $(NH_4)_2SO_4$ , 20 mM Tris-HCl (pH 8.8 at 25°C), 10 mM KCl, 0.1% Triton X-100, and template DNA  $(2 \,\mu L)$ . The reaction mixtures were incubated at  $37^{\circ}$ C for 5 min, then heated to  $65^{\circ}$ C and kept at a constant temperature of  $65^{\circ}$ C for 40-45 min before ultimately heating to 80°C for 5 min to terminate the reaction.

#### 2.4. Microfluidic chip fabrication

Disc-type microfluidic chips, as shown in Fig. 1(a), were fabricated from polycarbonate (PC) material using a computer numerical control machining center. The chips consisted of an array of 24 reaction wells with a diameter of 60 mm and thickness of 1.2 mm. The volume of each bioreactor was  $\sim 1.45 \,\mu$ L. Both the width and the depth of the channels were 0.1 mm. Each bioreactor was closely connected to a buffer well with a diameter of 2.0 mm and depth of 0.2 mm. The buffer well was connected with the crooked primary channel. When the chip was heated, the slim capillary channels were cut off by the thermal stresses, thus isolating the bioreactors to reduce possible contamination among bioreactors. The diameters of both the inlet and outlet were 1.2 mm, which fit a micropipette tip to load reagents and sample by the eppendorf (EP) head. The positioning hole in the center of the chip was used to fasten the chip to the motor of the detection system. The chip was composed of three layers: (1) the PC plate where the bioreactor, channel, buffer cell, inlet, outlet, and fixed hole were produced; (2) the top surface of the microfluidic chip, which was inert to DNA molecules; and (3) a thin PC film tightly affixed to the surface of the microfluidic chip for encapsulation.

When the microfluidic chip was used, all primers were first printed in the different bioreactors with a homemade sampling apparatus and covered by gelose gelatin as in Fig. 1(b); the positive and negative controls were staggered among the bioreactors containing the primers. Sterilized DNA-free ddH<sub>2</sub>O was used as a negative control (NC). An inner positive control was used to indicate the performance of the reagents, chip fabrication, and running of the setup for on-chip LAMP. Second, the mixtures of the biological reagents and DNA samples were injected into the bioreactors of the micro fluidic chip from the inlet using an EP pipette  $(200 \,\mu\text{L})$ , and then the inlet and outlet were sealed with a thin PC film. Third, all mixtures in the channels were centrifuged at a speed of 6000 rpm to move the mixtures into the bioreactors and empty the channels. The channel between any two adjacent bioreactors was obstructed by heating compression to keep all bioreactors independent of each other during the isothermal amplification process. Finally, the chip was placed in a homemade



Fig. 1. Structure of the microfluidic chip.

detector and heated to  $65^{\circ}$ C for real-time fluorescence detection. When heated, the gelose gelatin melted and the primers were released into the bioreactors to initiate isothermal nucleic acid amplification. In a typical test, 90 detection cycles was finished within 45 min, and the real-time fluorescent curves corresponding to every bioreactor were obtained from the detector for bacterial molecular diagnostics.

# 2.5. Portable confocal optical fluorescence detector

To detect the DNA amplification in the microfluidic chips with high sensitivity and low background, a homemade portable real-time confocal detector was developed as shown in Fig. 2. An objective set L1 with a focal length of 13 mm and numerical aperture of NA = 0.72 was designed. The excited light from a blue LED was first collimated by a spherical lens L1 and filtered by the band pass filter F1 with a central wavelength of 470 nm and bandwidth of 20 nm. Then, the excited light was focused by the objective set L2 to illuminate the bioreactors of the micro fluidic chip MC on the rotary scanning motor. The intensity of the excited light was adjusted to adapt to the different applications of the chip by the attenuator A1. A dichroic mirror D1 was used to reflect the fluorescence from the bioreactor and to penetrate the excited light from the LED. The fluorescence from Eva Green intercalating into the double-stranded DNA in the bioreactor cell was excited by the LED and initially collected by the objective set L2, reflected by D1, and focused on the detector PMT (HAMAMATSU, Japan) by the imaging lens set L3 with a focal length of 22 mm.

A filter F2 with a 525 nm central wavelength and 40 nm bandwidth was used to penetrate the fluorescence and limit the excited light. The pinhole (PH) was used to filter the farraginous light from the environment and the off-focused fluorescence from the material of the microfluidic chip. Finally, the fluorescence signal was transferred to a computer by an A/D processor. The temperature controller PID was used to administer the heater HF with the accuracy of  $0.1^{\circ}$ C and speed of raising the temperature of  $1^{\circ}$ C/s by the temperature feedback of sensor S during DNA isothermal amplification. A multiple-axis moving driver (MAMD) was used to supervise the rotary scanning motor with an angle accuracy of  $0.1^{\circ}$ .

#### 3. Results and Discussion

## 3.1. Sensitivity and quantification analysis of the isothermal amplification assay on the microfluidic chip

The sensitivity of the isothermal amplification assay on the microfluidic chip was assessed using genomic DNAs (gDNAs) of *Listeria monocytogenes*. Ten different DNA template samples  $(1.0 \times 10^5, 1.0 \times 10^4, 1.0 \times 10^3, 1.0 \times 10^2, 1.0 \times 10^1, 5$  copies, 4 copies, 3 copies, 2 copies and 1 copy) were used, and a blank was used as negative control. The amplification curves are displayed in Fig. 3. Twenty-four duplications were performed for every DNA template concentration in one chip. The time to positive value (Tp), which was defined as the time at the second derivative inflexion of the exponential DNA amplification curve, was set to indicate the initiation of the entire system. As shown



Fig. 2. Structure of the portable confocal optical fluorescence detector.



Fig. 3. (a) Sensitivity analysis of the isothermal amplification assay on the microfluidic chip. (b) Quantification analysis of the isothermal amplification assay on the microfluidic chip.

in Fig. 3(a), the limit of detection for isothermal amplification was five copies  $(2.3 \text{ pg}/\mu \text{ L} = 3.65 \text{ aM})$ of Listeria monocytogenes gDNA, and nucleic acid copies which below this concentration offered no signal. The coefficients of variation (CVs) of 24 repeated measurements for a same nucleic acid concentration were 2.93%, 1.28%, 1.62%, 2.76%and 3.6% for DNA concentrations of  $1.0 \times 10^{1}$ ,  $1.0 \times 10^2$ ,  $1.0 \times 10^3$ ,  $1.0 \times 10^4$ ,  $1.0 \times 10^5$ , respectively, indicating that the Tp value for most of the tested bacteria was slightly variable. The average Tp value was 28 min, 23 min, 20 min, 17 min and 14 min for the above samples, respectively. And the P value among these six positive groups was less than 0.01, showing a dramatically difference between gradient DNA concentrations. Moreover,

there was a linear relationship between the Tp value and the bacterial gDNA concentration (Fig. 3(b)). The regression coefficient square  $(R^2)$  was 0.9906 for *Listeria monocytogenes*. This indicated that the microfluidic chip amplification system was able to quantify the bacteria.

# **3.2.** Specificity analysis of the isothermal amplification assay on the microfluidic chip

The specificity of the parallel detection of multiple bacteria on the microfluidic chip was determined using gDNAs from six bacteria with desired concentrations for each bacterium  $(1.0 \times 10^4 \text{ copies})$ ,



Fig. 4. Specificity analysis of the isothermal amplification assay on the microfluidic chip.

including the target bacteria in this study and five others, i.e., Shigella flexneri, Salmonella typhimurium, Vibrio parahaemolyticus, and Vibrio alginolyticus, Vibrio vulnificus. The expected positive signal was observed as a typical sigmoidal amplification curve (Fig. 4), indicating that the isothermal amplification chip was suitable for parallel detection of multiple bacteria. The data revealed that no cross-reactions were obtained among the six species, indicating high specificity among different primer sets. The negative control (no primers dispensed in the reaction well) showed no fluorescence throughout the amplification, indicating the low signal background and absence of contamination. All tests were repeated six times. The *P* value for the six tests was 1.00, declaring no variance between the six repetitions of the same sample.

# **3.3.** Clinical sensitivity and specificity of the isothermal amplification assay on the microfluidic chip

A total of 30 stool samples were first assessed by conventional bacterial culture methods as standards and then by the isothermal amplification assay on the microfluidic chip and PCR, followed by DNA sequencing. In brief, of the target diarrhea pathogenic bacteria tested in our microfluidic chip, the number of samples confirmed to be positive for Listeria monocytogenes by the culture method was four. The remaining 26 samples were found to be negative for *Listeria monocytogenes*. Among the four positive isolates, except for coincident samples, one additional *Listeria monocytogenes*-negative sample was confirmed using our microfluidic chip. The reason for this negative sample is due to the sequence-based principle of our technique. In other words, our microfluidic chip assay may yield a false negative result if the bacterium lacks our target gene, i.e. the *Listeria monocytogenes* isolate may carry no hlyA gene. Overall, the microfluidic chip method exhibited 80% clinical sensitivity, 96.97% clinical specificity, 3.33% false negative and no false positive compared to conventional culture methods (Table 2).

Table 2. Clinical sensitivity and specificity of the isothermal amplification assay on the microfluidic chip.

	Culture	Microfluidic chip	16 S DNA sequencing	hlyA gene sequencing
Listeria monocytogenes positive	5	4	5	4
Listeria monocytogenes negative	25	26	25	26
Clinical sensitivity Clinical specificity		$80\% \\ 96.15\%$		

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#### 4. Conclusion

In the present study, a microfluidic chip assay and real-time detector system for multiplex detection of the diarrhea pathogenic bacteria Listeria monocytogenes in stool samples was developed. Following a simple one-off operation loading of template DNA in the inlet hole on the chip, which remarkably simplifies the process, the analysis can be rapidly accomplished within 45 min. Compared to other conventional techniques, the developed microfluidic chip assay and real-time detection system achieves almost the high sensitivity to 3.65 aM DNA template concentration and good specificity for the detection of pathogens in field samples, the detection time is about 45 min and the consume of sample and reagent is  $1.45 \,\mu\text{L}$ , it is also lower cost and less labor. The microfluidic chip assay provides a convenient platform for on-site detection and routine monitoring of pathogens causing diarrhea diseases. It is necessary to complement this technique with others that may detect other relevant microorganisms, and further field tests will help optimize its use in clinical applications.

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